

TRADER JOE'S GROCERY LIST

BAKERY/ BREAD

- *Sourdough Sandwich Bread
- *Sprouted Wheat Sourdough Bread
- *Pretzel Bagels

SNACKS

- *Organic Popping Corn
- *Honey Graham Crackers
- *PB Filled No Salt Pretzels
- *Lenny & Larry's Protein Cookies (single serving size)

NUTS/ DRIED FRUIT

- *Roasted Unsalted Sunflower Seeds
- *Raw Brazil Nuts
- *Soft & Juicy Mango

TREATS

- *Triple Ginger Snaps
- *Joe Joe's
- *Crispy Crunchy Chocolate Chip Cookies
- *Dark Chocolate PB Cups
- *Organic Brown Rice Marshmallow Treats
- *Scandinavian Swimmers

PANTRY

- *Unsweetened Instant Oatmeal Packets
- *Trader Joe's Cereal
- *Taco Shells
- *Crunchy Almond Butter
- *Mixed Nut Butter
- *Organic Reduced Sugar Preserves
- *Whole Grain Dijon Mustard
- *Organic Tomato Sauce
- *21 Seasoning Salute
- *Orange Muscat Champagne Vinegar
- *Organic Coconut Aminos
- *Chosen Foods Avocado Oil
- *Organic Virgin Cold Pressed & Refined Coconut Oil
- *Organic Strawberry Lemonade
- *Organic Herbal Tea

REFRIGERATED

- *Apple Cranberry Quinoa Salad
- *Organic 100% Grass Fed Ground Beef
- *Cabot Whipped Cream
- *Unexpected Cheddar
- *Goat Cheese

FRESH PRODUCE

- *Organic Power to the Greens
- *Chopped Salad Kits
- *Cruciferous Crunch Collection
- *Teeny Tiny Avocados
- *Organic Bell Peppers
- *Organic Apples

FROZEN

- *Mandarin Orange Chicken
- *Frozen Pizzas
- *Party Size Mini Meatballs
- *Tuna Burgers
- *Sweet Potato/ Cauliflower Gnocchi
- *Fire Roasted Bell Pepper & Onions
- *Breaded Mozzarella Cheese Sticks
- *Frozen Fruit
- *Fully Cooked Organic Quinoa
- *Organic Brown Rice
- *Organic Jasmine Rice

FROZEN TREATS

- *Mini Hold The Cone!
- *Gone Bananas!
- *Gone Berry Crazy!